



**Lifestyle and Fitness Activities
Musical Performers
Latitude Bar & Chill Specials
December 1st - 7th, 2025**

**For the most current & up-to-date information
please refer to the Lifestyle Calendar**

Lifestyle

Monday, December 1st

Holiday Cheer: A Claypot Workshop

Cheffing with Chef: Holiday Cooking

Menorah DIY Workshop

Tuesday, December 2nd

Pins Up! Bowling

Holiday Tree DIY Workshop

Jingle Bell Bingo

Wednesday, December 3rd

Coffee & Conversation

Totally Trivia

Thursday, December 4th

License to Paint: Offsite

Neighborly Cocktail Hour

Peter Mayer: A Stars & Promises Christmas Harmony

Friday, December 5th

Coffee & Conversation

Born to Party

Saturday, December 6th

Rosemary Beach Tour of Homes: Shuttle

Luminary Champagne Walk

Sunday, December 7th

Pigskin in Paradise

Yappy Hour: Pup Pics with Santa

Euchre Clinic

Snuggie Sunday Holiday Matinee

Live Music

Friday, December 5th

6:00 - 9:00pm

JoJo Bee Band

Saturday, December 6th

6:00 - 9:00pm

Mind Plays

Future Fun

December 8th

Cork & Fork Wine Tasting

December 10th

Farmer's Market

December 11th

Sounds of the Season Series

December 12th

Deck the Carts: Golf Cart Parade

December 13th

Ugly Sweater 5K

Army vs. Navy Game

December 15th

Cheffing with Chef: Hands-On Truffle Making Class

December 20th

Good Shot Judy Holiday Show

Fitness *Happenings*

Pints & Poses Guy Edition

Monday, December 1st, 4:00pm

Margaritaville Mixer

Tuesday, December 2nd, 6:00pm

Weight Watchers Support Group

Wednesday, December 3rd, 5:30pm - 6:30pm

Tennis Open Play

Thursday, December 4th, 9:00am - 11:00am

Water Volleyball - Pick Up Game

Friday, December 5th, 11:00am

Beginners/Intermediate/Advanced Open Play

Saturday, December 6th, 8:00am - 11:00am

The Fins Up! Fitness Center has its own calendar!

To access the calendar please visit:

www.lmwshomeowners.com/finsup

See the Fins Up! Fitness Center for more information

Fins Up!

FITNESS CENTER



Monday

Latin Dance Cardio
Seated Strength
Boxing & Beyond
RiseStrong
Total Body Transformation

Tuesday

Total Body Transformation
Splash/Tone Water Fitness
Foundation Strength
Chair Yoga
Stretchology
Latin Dance Cardio

Wednesday

Tai Chi
Splash/Tone Water Fitness
Classic Spin
Stretch & Mobility
Foundational Strength
Chair Yoga
Bikes, Bars, & Bands
Total Body Transformation

Thursday

Ballet Barre
Conditioning
Foundational Yoga
Splash/Tone Water Fitness
Seated Strength
Pilates
R & R
Stretchology
Water Fitness

Friday

Dance Cardio Fun
Mats & More
Splash/Tone Water Fitness
Mats & More
Chair Yoga

Saturday

Butts and Gutts
Splash/Tone Water Fitness

Please Note: All Fitness Classes are Subject to Change.

LATITUDE BAR & CHILL

DECEMBER 1 - 7

BUFFALO CHICKEN FRITTERS

Blue Cheese

\$5

PENNE ALLA VODKA

Crispy Prosciutto, Peas, Garlic Bread

\$15

CHEF SALAD

Mixed Greens, Turkey, Ham, Bacon, Egg
Mozzarella, Cheddar, Tomato
Green Goddess Dressing

\$13

WINTER TURKEY CLUB

Peppered Bacon, Cheddar, Lettuce, Tomato
Pickled Red Onion, Cranberry Aioli
Sourdough Bread

\$14

SWEET CHILI & PORK FLATBREAD

Mozzarella, Pineapple, Peppers, Scallions

\$14

SHRIMP & GRIT CAKE

Butter Poached Shrimp, Pepper Coulis

\$22

Chef Specials

Served Wednesday - Sunday, All Day

SMOKED CHICKEN QUARTER

Coleslaw, Potato Salad

\$18

BLACKENED STEAK BITES

Herb Roasted Potatoes, Seasonal Vegetables, Gorgonzola Cream

\$19

BBQ PORK CHOP

Charred Corn, Cajun Grits, Four Roses Bourbon Glaze

\$20

— Drinks —

JALAPEÑO MANGO MARGARITA

Devil's Reserve Tequila, Triple Sec, Soda Water
Mango Purée, Tajin Rim

\$8

TERALTO

Pinot Grigio, Friuli, Italy

\$8

BURLY LADY

Amber Lager, Idyll Hounds Brewing Company

\$7

— Desserts —

MADI RUM CAKE, KEY LIME PIE

\$8

LEMON MERINGUE PIE

\$7

VANILLA OR CHOCOLATE ICE CREAM

\$3

BUTTER PECAN ICE CREAM

\$3