



**Lifestyle and Fitness Activities  
Musical Performers  
Latitude Bar & Chill Specials  
November 24th - 30th, 2025**

**For the most current & up-to-date information  
please refer to the Lifestyle Calendar**

# *Lifestyle*

**Monday, November 24th**

**MuuMuu Monday**

**Tuesday, November 25th**

**Music Bingo**

**Wednesday, November 26th**

**No-Key Karaoke**

**DJ Dance Party**

**Thursday, November 27th**

**Thanksgiving**

**Friday, November 28th**

**Reel Time! Movie - Miracle on 34th Street**

**Saturday, November 29th**

**Beach Home for the Holidays - Shuttle**

**Sunday, November 30th**

**Pigskin in Paradise**

# *Live Music*

**Friday, November 28th**

**7:00 - 10:00pm**

**Longview Band**

**Saturday, November 29th**

**7:00 - 10:00pm**

**Elements Band**

# *Future Fun*

**December 1st**

**Cheffing with Chef**

**Painted Pots & Holiday Cheer**

**December 4th**

**Peter Mayer: A Stars & Promises Christmas Harmony**

**December 5th**

**Born to Party**

**December 6th**

**Luminary Champagne Walk**

**Rosemary Beach Tour of Homes: Shuttle**

**December 7th**

**Yappy Hour: Pup Pics with Santa**

**Snuggie Sunday Holiday Matinee**

**December 8th**

**Cork & Fork Wine Tasting**

# **Fitness Happenings**

## **Floating Soundbath**

**Monday, November 24th, 5:30pm & 7:30pm**

## **Beginners/Intermediate/Advanced Open Play**

**Tuesday, November 25th, 8:00am - 11:00am**

## **Wobble Before You Gobble Run/Walk**

**Wednesday, November 26th, 9:00am - 11:30am**

## **Tennis Open Play**

**Thursday, November 27th, 9:00am - 11:00am**

## **Water Volleyball - Pick Up Game**

**Friday, November 28th, 11:00am**

## **Beginners/Intermediate/Advanced Open Play**

**Saturday, November 29th, 8:00am - 11:00am**

**The Fins Up! Fitness Center has its own calendar!**

**To access the calendar please visit:**

**[www.lmwshomeowners.com/finsup](http://www.lmwshomeowners.com/finsup)**

**See the Fins Up! Fitness Center for more information**

# ***Fins Up!***

**FITNESS CENTER**



## **Monday**

Latin Dance Cardio  
Move It & Lose it  
Seated Strength  
Boxing & Beyond  
RiseStrong

## **Tuesday**

Total Body Transformation  
Splash/Tone Water Fitness  
Foundation Strength  
Chair Yoga  
Stretchology  
Latin Dance Cardio

## **Wednesday**

Tai Chi  
Splash/Tone Water Fitness  
Stretch & Mobility  
Mixed Bag of Tricks  
Mats & More  
Foundational Strength  
Chair Yoga  
Bikes, Bars, & Bands  
Total Body Transformation

## **Thursday**

Ballet Barre  
Conditioning  
Foundational Yoga  
Splash/Tone Water Fitness  
R & R  
Stretchology

## **Friday**

Dance Cardio Fun  
Mats & More  
Splash/Tone Water Fitness  
Chair Yoga

## **Saturday**

Butts and Gutts  
Splash/Tone Water Fitness

***Please Note: All Fitness Classes are Subject to Change.***

# LATITUDE BAR & CHILL

NOVEMBER 24 - 30

## RASPBERRY BRIE BITES

Phyllo Crust, Honey

**\$5**

## FALL TURKEY MELT

Sliced Apple, Provolone, Dijonaise, Sourdough

**\$14**

## CARAMELIZED ONION FLATBREAD

Lemon Arugula, Red Wine Reduction

**\$14**

## AUTUMN HARVEST PENNE

Carmelized Onion, Wild Mushroom, Parmesan

**\$15**

## FIG & WATERCRESS SALAD

Spring Mix, Goat Cheese, Cucumber, Craisins  
Red Onion, Maple Vinaigrette

**\$13**

## MISO COD

Miso Buerre Blanc, Seasonal Vegetables, Rice

**\$22**

## *Chef Specials*

Served Wednesday - Sunday, All Day

## SALISBURY STEAK

Seasonal Vegetables, Mashed Potatoes, Brown Gravy

**\$18**

## MUSHROOM CHICKEN

Seasonal Vegetables, Mashed Potatoes, Carmelized Onion Gravy

**\$17**

## LIME SHRIMP SKEWERS

Pepper, Onion, Cilantro Rice

**\$19**

## — Drinks —

### CRANBERRY KISS

Four Roses Bourbon, Cranberry  
Orange, & Lemon Juices, Ginger Beer

**\$9**

### WHISPERING ANGEL

Rosé, California

**\$12**

### PORTER

Porter, Founders Brewing Co.

**\$7**

## — Desserts —

### MADI RUM CAKE, KEY LIME PIE

**\$8**

### PUMPKIN CHEESECAKE

**\$7**

### VANILLA OR CHOCOLATE ICE CREAM

**\$3**

### BUTTER PECAN ICE CREAM

**\$3**

# LATITUDE BAR & CHILL

## THANKSGIVING 2025

Served from 12:00pm - 6:00pm

### CAESAR SALAD

Romaine, Parmesan, Croutons  
Latitude Caesar Dressing  
\$8

### HOUSE SALAD

Romaine Hearts, Onion  
Tomato, Cucumber, Croutons  
\$8

### FIG & WATERCRESS SALAD

Spring Mix, Goat Cheese, Cucumber  
Craisins, Red Onion  
Maple Vinaigrette  
\$14

### STUFFED EGGS

Candied Bacon, Chives  
\$7

### CORNUCOPIA FLATBREAD

Ham, Turkey, Butternut Squash  
Pecans, Cranberries  
\$13

### WINGS

Buffalo, Galic Parmesan  
Mango BBQ, Sweet Chili  
\$15

### CRISPY COD SANDWICH

Shredded Romaine  
White American Cheese  
Tarter Sauce, Brioche Bun  
\$16

### LATITUDE BURGER

Choice of Side  
\$14

### BUTTERNUT SQUASH SOUP

CUP \$6 BOWL \$11

### SIDES \$5

Side Salad, Yams, Green Bean Casserole, Mashed Potatoes,  
Stuffing, Dinner Rolls (4)

## Thanksgiving Specials

### ROASTED TURKEY FEAST

Stuffing, Mashed Potatoes  
Green Bean Casserole, Yams  
Dinner Roll, Gravy  
\$25

### PRIME RIB

Green Bean Casserole  
Mashed Potatoes, Dinner Roll  
Au Jus  
\$29

### MAPLE GLAZED HAM

Mashed Potatoes  
Green Bean Casserole, Dinner Roll  
\$22

### — Drinks —

#### HARVEST APPLE SPRITZ

Three Olives Vodka, Orange Liqueur, Apple Juice  
Sage Syrup, Bubbles Topper  
\$8

#### CLAY SHANNON

Red Blend, California  
\$11

#### DOCKSIDE PORTER

Destin Brewery  
\$6

### — Desserts —

#### MADI RUM CAKE, KEY LIME PIE

\$8

#### PECAN OR PUMPKIN PIE

\$7

#### VANILLA OR CHOCOLATE ICE CREAM

\$3

\*Consuming raw or undercooked meats, seafood, or eggs may increase your risk of foodborne illness.